

		Level 1	Level 2	Level 3
1	Form Combos Leadership	Chun-Ji Karate Combo 1-4 Self-Defense	Yul-Guk Tae Kwon Do 1-4 Self-Defense	Chung-Mu Kama 3 Self-Defense
2	Form Combos Leadership	Chun-Ji Karate Combo 5-8 Self-Defense	Yul-Guk Tae Kwon Do 5-8 Self-Defense	Chung-Mu Kama 3 Self-Defense
3	Form Weapon Leadership	Tan-Gun Kama #1 Break Falls	Chung-Gun Kama #2 Break Falls	Bo-Staff 1 Review Basic throws
4	Form Weapon Leadership	Tan-Gun Kama #1 Kamas	Chung-Gun Kama #2 Kamas	Bo-Staff 1 Kickingboxing Kamas
5	Form Combos Leadership	To-San Am. Karate Set 1-4 Sticks	Toi-Gye Am. Tae Kwon Do 1-4 Sticks	Am. Kickboxing 1-7 Off/Def/Retreating Review
6	Form Combos Leadership	To-San Am. Karate Set 5-8 Kicks	Toi-Gye Am Tae Kwon Do 5-8 Kicks	Am. Kickboxing 8-13 Review all Combos Kicks
7	Form Kicks Leadership	Won-Hyo 9 Ct Kick (Single) Self-Defense	Hwa-Rang 9 Ct Kick (Double) Self-Defense	Exodus 9 Ct Kick (Triple) Self-Defense
8	Form Review Leadership	Won-Hyo Review Self-Defense	Hwa-Rang Review Self-Defense	Exodus Review Self-Defense

Conditionals	1st Half	BaSaiDai Po-Eun 3 Practicals
	2nd Half	Beethoveen Gye Baek Form of Another Style

Book Tests: Need to be complete all age appropriate books before Prep-Cycle or during Prep-Cycle

	Book	Suggested Age	Book	Suggested Age
Book Tests	Black Belt Bunny	3-5 Years Old	The Middle School Student Guide to Academic Success	8-14 Years Old
	Step Forward with Problem Solving	7-10 Years Old	All Heart	10-13 Years Old
	Step Forward With Grit	7-10 Years Old	You Got This	8-14 Years Old
	Simone Biles (Sports All-Stars)	7-11 Years Old	West Point Way of Leadership	14 Years Old Plus
	Stephen Curry (Sports All-Stars)	7-11 Years Old	Against All Odds	14 Years Old Plus
	Kid President Guide to Being Awesome	8-12 Years Old		

Student Creeds:

1. I will endeavor to persevere in the 5280 Karate Academy way, with a positive mental attitude and unquestionable honesty.
2. I will only fight to protect my life and the lives of those around me.
3. I achieve personal greatness through hard work, developing knowledge, being honest, showing self control and respect.

Black Belt Creed

As a dedicated student of the martial arts, I live my life by the principles of black belt: Mdesty, Courtesy, Integrity, Perserverance, Self-Control, and Imdomitable Spirt.

