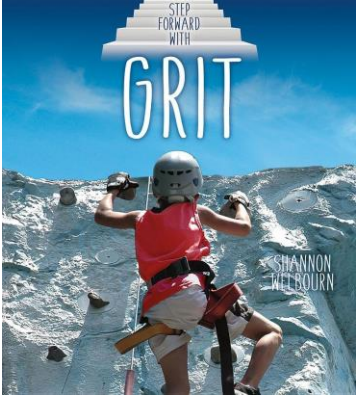
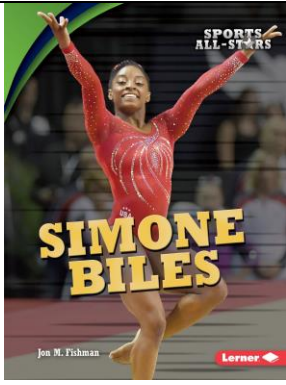
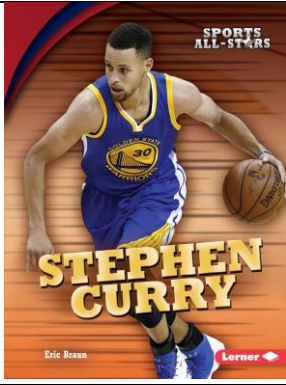
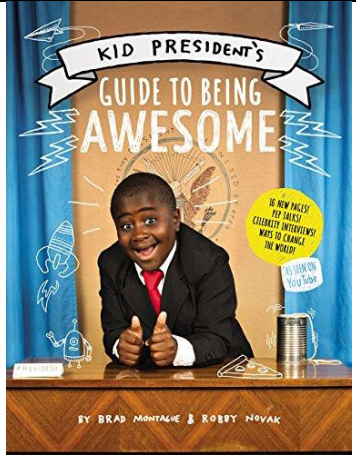


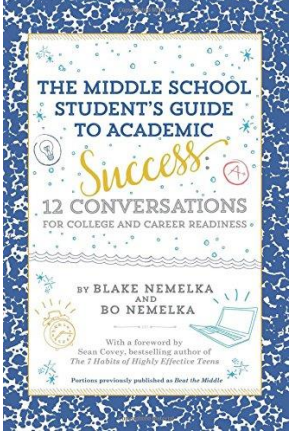
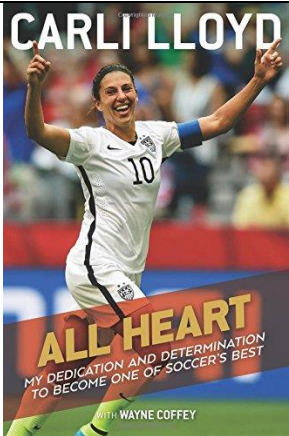
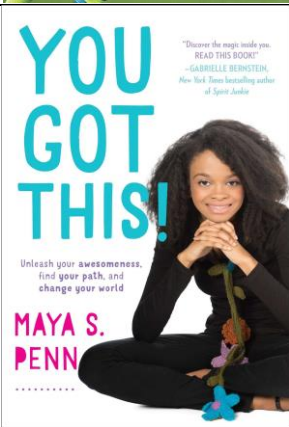
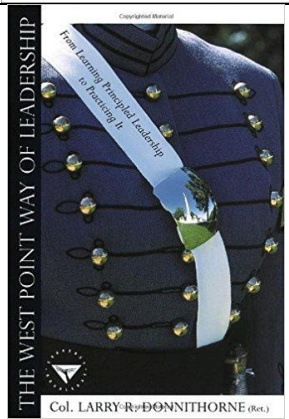
## 5280 Karate Academy Foundation Book Tests

As you progress towards your black belt, you should complete book tests to help your understanding of some of our key values, such as teamwork and determination. You should complete four book tests by the time you enter prep cycle. You can space out these tests and complete one while in level one, one while in level two, one while in level three, and one at high brown belt. Please be sure to read age/reading level appropriate books when you are working on them. This is not meant to be a stressful assignment but should go hand-in-hand with your training as you work to achieve your black belt. Books do not need to be purchased; almost all of the books are available at the public library.

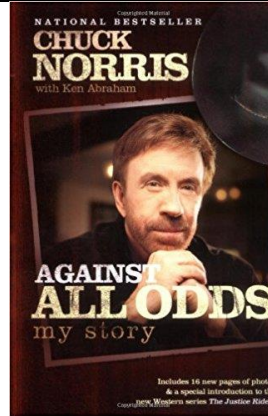
### Book List:

Book	Cover	Suggested Age Range
<p><i>Black Belt Bunny</i> By Jacky Davis Illustrated by Jay Fleck</p>		<p>3-5 years</p>
<p><i>Step Forward with Problem Solving</i> By Shannon Welbourn</p>		<p>7-10 years</p>

<p><i>Step Forward with Grit</i> By Shannon Welbourn</p>		<p>7-10 years</p>
<p><i>Simone Biles (Sports All-Stars)</i> By Jon M. Fishman</p>		<p>7-11 years</p>
<p><i>Stephen Curry (Sports All-Stars)</i> By Eric Braun</p>		<p>7-11 years</p>
<p><i>Kid President's Guide to Being Awesome</i> By Brad Montague and Robby Novak</p>		<p>8-12 years</p>

<p><i>The Middle School Student's Guide to Academic Success</i> By Blake Nemelka and Bo Nemelka</p>			<p>8-14 years</p>
<p><i>All Heart</i> By Carli Lloyd and Wayne Coffey</p>			<p>10-13 years</p>
<p><i>You Got This!</i> By Maya S. Penn</p>			<p>8-14 years</p>
<p><i>The West Point Way of Leadership</i> By Col. Larry R. Donnithorne</p>			<p>14+</p>

*Against All Odds*  
By Chuck Norris



14+