



PROMOTION TO GOLD

This form must be complete and submitted to the exam instructor prior to the pretest and exam

YES, I HAVE:

- _____ Learn and practiced the Student Creed and the Black Belt Creed.
- _____ Able to answer question about Character Development, Street Safe/School Safe, and understand the definition as well as the action steps for the Black Belt Creed
- _____ Shown continuous improvement in:
 1. School or workplace
 2. Physical fitness
 3. Community or family services
- _____ Been consistently stretching at home for at least 15 minutes a day.
- _____ Attended 16 or more classes
- _____ Selected at least one Friend to attend my exam.
- _____ Been recommend for Leadership or Master Club by your instructor
- _____ Selected my new days of attendance. **M. T. W. TH. S.** (CIRCLE TWO)

Under 18 only!

- _____ Intent to promote signed by teacher and parent
- _____ Continued to demonstrate respect to parents, teachers and family members.

Master Lewis Date

Student Name (Print) Date

Exam Instructor Date

Parent/Guardian Date