



Discipline Journal

Student Name and Date: _____

In the space below record 10 helpful or positive things you did around the house or at school without being asked. Bring this sheet to class when you have 10 things complete with your parent or guardian's signature.

You will earn a belt stripe for each complete section. Once you complete 30 lines you will receive a Discipline Award at the next graduation ceremony.

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

Parent Signature _____

Instructor Signature: _____

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

Parent Signature _____

Instructor Signature: _____

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

Parent Signature _____

Instructor Signature: _____